

Jason

Age: 34 Policy type: Single State: NSW



Gym membership:
Anytime Fitness, Standard Membership, 12 months, NSW \$77.78 per month, \$119.45 joining fee



AIA Vitality Status:

Silver



Example policy:

Silver Hospital and Mid 60 Extras with AIA Vitality

Example annual premium:

\$2,044.90

(after 5% AIA Vitality discount and full government rebate, no LHC loading)

Example total annual savings and rewards: \$1,169.45

AIA Vitality activity	Points accumulated
Online AIA Vitality Health Review	1,000
Skin self-examination	1,000
Online Nutrition Assessment x 1, twice per year	1,000
Mental wellbeing assessment x 3, twice per year	1,500
Non-smoker's Declaration	1,000
AIA Vitality Health Check (BMI, Blood Pressure, Cholesterol, Glucose – all healthy results)	6,000
Dental Check	1,000
40 x partner gym visits	4,000
Work out with a fitness device or app (achieving daily step targets)	2,000
Total points	18,500

Savings and rewards	Amount earned/saved
5,000 points shopping reward	\$20.00
10,000 points shopping reward	\$40.00
15,000 points shopping reward	\$60.00
24 x \$5 weekly Active Benefits vouchers	\$120.00
10% off Anytime Fitness membership fee (12 months)^	\$93.00
50% off Anytime Fitness standard club joining fee [^]	\$59.72
\$0 Allen Carr's Easyway Group Clinic to quit smoking (\$0 after 30% and 70% cashback after attendance)	\$625.00
20% cashback on return flight between Sydney and Perth (indicative saving only)	\$151.73

[^] Please note exact membership saving will depend on the home club