



Joshua Age: 43 State: NSW Policy type: Family

Gym membership:
Fitness First, Platinum Membership 12 months, NSW
\$29.00 per week, \$65.00 start-up fee

AIA Vitality Status:
Platinum



Jenna Age: 41 State: NSW Policy type: Family

Gym membership:
Virgin Active, Active Me Flexible Membership, NSW
\$35.95 per week

AIA Vitality Status:
Gold



Example policy:
Silver Hospital and Mid 60 Extras with AIA Vitality – Family

Example annual premium:

\$4,089.70

(after 5% AIA Vitality discount and full government rebate, no LHC loading)

Joshua's AIA Vitality annual savings and rewards: **\$2,154.00**

Jenna's AIA Vitality annual savings and rewards: **\$1,930.70**

Total combined annual savings and rewards:

\$4,084.70

Jenna:

AIA Vitality activity	Points accumulated
Online AIA Vitality Health Review	1,000
Skin self-examination	1,000
Online Nutrition Assessment x 1, twice per year	1,000
Mental wellbeing assessment x 3, twice per year	1,500
Non-smoker's Declaration	1,000
AIA Vitality Health Check (BMI, Blood Pressure, Cholesterol, Glucose – all healthy results)	6,000
Dental Check	1,000
Eye Check	1,000
Flu vaccination	1,000
Organised fitness event (road running 10km)	450
80 x partner gym visits	8,000
Work out with a fitness device or app (achieving daily step targets)	3,000
Total points	25,950

Savings and rewards	Amount earned/saved
5,000 points shopping reward	\$20.00
10,000 points shopping reward	\$40.00
15,000 points shopping reward	\$60.00
20,000 points shopping reward	\$80.00
25,000 points shopping reward	\$100.00
30 x \$5 weekly Active Benefits voucher	\$150.00
6 x HOYTS LUX tickets	\$120.00
50% off Virgin Active 'Active Me' membership fee (12 months)	\$934.70
40% off endota spa Deep Recovery Treatment x 2	\$96.00
30% cashback on return flight between Sydney and Hong Kong (indicative savings only)	\$330.00

EXAMPLE CASE STUDY

myOwn health insurance with AIA Vitality is issued by MO Health Pty Ltd ABN 32 611 323 034, a registered private health insurer. AIA Vitality is issued by AIA Australia Limited ABN 79 004 837 861. AIA Vitality partners, benefits and rewards are subject to change at any time. For the most up-to-date information and to view the AIA Vitality Terms and Conditions see aiavitality.com.au. Partner terms and conditions may also apply. Premiums, AIA Vitality points and rewards are correct as at time of publication April 2019.



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savings and rewards: **\$1,930.70**

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and rewards:**
\$4,084.70

Joshua:

AIA Vitality activity	Points accumulated
Online AIA Vitality Health Review	1,000
Skin self-examination	1,000
Online Nutrition Assessment x 1, twice per year	1,000
Mental wellbeing assessment x 3, twice per year	1,500
Non-smoker's Declaration	1,000
AIA Vitality Health Check (BMI, Blood Pressure, Cholesterol, Glucose – all healthy results)	6,000
Dental Check	1,000
Eye Check	1,000
Flu vaccination	1,000
Nutrition Tracking (1,200 per quarter)	4,800
110 x partner gym visits	11,000
Workout with a fitness device or app (achieving daily step targets)	4,000
Sleep Tracking	2,000
Total points	36,300

Savings and rewards	Amount earned/saved
5,000 points shopping reward	\$20.00
10,000 points shopping reward	\$40.00
15,000 points shopping reward	\$60.00
20,000 points shopping reward	\$80.00
25,000 points shopping reward	\$100.00
30,000 points shopping reward	\$150.00
35,000 points shopping reward	\$200.00
40 x \$5 weekly Active Benefits voucher	\$200.00
30% off Fitness First membership fee (12 months)	\$452.40
20% Fitness First membership fee cashback for visiting the gym 24+ times in 91 days (four times over the year)	\$301.60
50% cashback return flight between Sydney and Hong Kong (indicative savings only)	\$550.00

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